

Sankofa: Rethinking Growing Food in the South

2023 OAK (Organic Association of Kentucky) Conference

Getting Back to Nature @ Martin Acres

<https://www.gettingback2nature.farm>

Gamo (in Ethiopia)

<i>Title of Web page or PDF</i>	<i>URL</i>
Our World (United Nations University): A Thousand Suns: The View From Ethiopia's Gamo Highlands. By Alan Zulch and Emmanuel Vaughan-Lee, 2010•04•05	https://ourworld.unu.edu/en/a-thousand-suns-the-view-from-ethiopias-gamo-highlands
Protecting Biodiversity and Traditional Agro-systems in Ethiopia	https://www.oaklandinstitute.org/sites/oaklandinstitute.org/files/casestudy_biodiversity_Ethiopia_final.pdf
Gamo Highlands - Ethiopia - Sacred Land	https://sacredland.org/gamo-highlands-ethiopia/
Indigenous resource management practices in the Gamo Highland of Ethiopia: challenges and prospects for sustainable resource management	https://link.springer.com/article/10.1007/s11625-017-0468-7
Indigenous Practices of Ganta Community in Protecting Natural Resources, Gamo Gofa Zone, Ethiopia	http://article.ijcpp.org/pdf/10.11648.j.ijcpp.20170505.12.pdf
Indigenous knowledge, use and on-farm management of enset (<i>Ensete ventricosum</i> (Welw.) Cheesman) diversity in Wolaita, Southern Ethiopia	https://pubmed.ncbi.nlm.nih.gov/24885715/
Enset farming system – a resilient, climate-robust production system in South and South-Western Ethiopia	https://www.tandfonline.com/doi/full/10.1080/23311932.2022.2074626
Global Oneness Project: <i>A Thousand Suns</i>	https://www.globalonenessproject.org/library/films/thousand-suns
Global Oneness Project: <i>A Thousand Suns</i> Discussion Guide – Slide 7	https://www.globalonenessproject.org/sites/default/files/education/resources/a-thousand-suns-discussion-guide.pdf

Asian Farming

<i>Title of Web page or PDF</i>	<i>URL</i>
Farmers of Forty Centuries: Organic Farming in China, Korea and Japan - Resilience	https://www.resilience.org/stories/2012-03-23/farmers-forty-centuries-organic-farming-china-korea-and-japan/
<u>Farmers of forty centuries, or, Permanent agriculture in China, Korea and Japan</u> : King, F. H. (Franklin Hiram), 1848-1911 : Free Download, Borrow, and Streaming : Internet Archive	https://archive.org/details/cu31924073872685
<u>Farmers of Forty Centuries; Or, Permanent Agriculture in China, Korea, and Japan</u> - Free Ebook	https://www.gutenberg.org/ebooks/5350
Science in Society Archive: Circular Economy of the Dyke-Pond System: Dr. Mae-Wan Ho finds strong allies for her idea on sustainable systems as closed cycles modeled on the organism during her recent visit to China, especially in a land-water farming system developed over the past two thousand years	https://www.i-sis.org.uk/DykePondSystem.php
Science in Society Archive: Dream Farms: Abundantly productive farms with zero input and zero emission powered by waste-gobbling bugs and human ingenuity: Sustainable development is possible By Dr. Mae-Wan Ho	https://www.i-sis.org.uk/DreamFarm.php
Science in Society Archive: Dream Farm 2 - Story So Far: A potted history of Dream Farm 2, its conceptual underpinnings and update with a potential site in mind. By Dr. Mae-Wan Ho	https://www.i-sis.org.uk/DreamFarm2.php
Science in Society Archive: Dream Farm 2 - a Work of Art: A visit to a potential site gave an unexpected perspective to the implementation of Dream Farm 2 By Dr. Mae-Wan Ho	https://www.i-sis.org.uk/DreamFarm2aWorkofArt.php

Indigenous North American Agriculture

<i>Title of Web page or PDF</i>	<i>URL</i>
Armstrong, C., J. Miller, A. C. McAlvay, P. M. Ritchie, and D. Lepofsky. 2021. Historical Indigenous Land-Use Explains Plant Functional Trait Diversity. <i>Ecology and Society</i> 26(2):6. – Slide 8	https://www.ecologyandsociety.org/vol26/iss2/art6/
The Permaculture Research Institute: Ancient Gardens of the North America By Jonathon Engels, September 29, 2020 – Slide 8	https://www.permaculturenews.org/2020/09/29/ancient-gardens-of-the-north-america/

Indigenous North American Agriculture cont'd

<i>Title of Web site/page</i>	<i>URL</i>
HISTORY: Native Americans Used Fire to Protect and Cultivate Land: Indigenous people routinely burned land to drive prey, clear underbrush and provide pastures. By Dave Roos, Sep 18, 2020	https://www.history.com/news/native-american-wildfires
Midwest Permaculture: Chinampas Gardens Co-Written by Bri Wrench and Bill Wilson, December 6, 2012 – Slide 9	https://midwestpermaculture.com/chinampas-gardens/
Davies & Company: Some Ecological Aspects of Northeastern American Indian Agroforestry Practices By Karl Davies, 1984 – Slide 11	https://www.daviesand.com/Papers/Tree_Crops/Indian_Agroforestry/index.html
Three Sisters Photograph By Spencer-Nägy, 16 June 2022. License: Creative Commons Attribution-Share Alike 4.0 International [https://creativecommons.org/licenses/by-sa/4.0/deed.en] – Slide 10	https://commons.wikimedia.org/wiki/File:Three_Sisters_mound_culture_in_Arizona_Mountains.jpg
Ahupua'a Part II: Bio-Cultural Zones [Uploaded by CGEE Hamline] – Slide 8	https://vimeo.com/303318925
Haudenosaunee Agriculture Oneida Indian Nation Three Sisters	https://www.oneidaindiannation.com/the-interworking-of-the-three-sisters/
A Three Sisters Garden—Beans, Corn & Squash	https://www.gardeningknowhow.com/special/children/a-three-sisters-garden.htm
Agricultural Heritage -- Blue Ridge National Heritage Area	https://www.blueridgeheritage.com/heritage/agriculture/
Cultivating Food Forests with Indigenous Wisdom by Lyla June	https://foodrevolution.org/blog/food-forests-lyla-june/
Agroforestry and Native Understory Crops - Alliance for the Chesapeake Bay	https://www.allianceforthebay.org/2019/07/agroforestry-and-native-understory-crops/
The Agroforestry Podcast: Native Plants for Perennial Farms	https://agroforestry.libsyn.com/native-plants-for-perennial-farms
Ancient Origins of Agroforestry, Polycultures, and Permaculture as we Know it - The Permaculture Research Institute	https://www.permaculturenews.org/2015/11/25/ancient-origins-of-agroforestry-polycultures-and-permaculture-as-we-know-it/
Resource Guide for Supporting Indigenous Food Sovereignty - Grounded Grub	https://groundedgrub.com/articles/resource-guide-supporting-indigenous-food-sovereignty
Five Indigenous Farming Practices Enhancing Food Security - Resilience	https://www.resilience.org/stories/2017-08-14/five-indigenous-farming-practices-enhancing-food-security/
Unique Indigenous Maya food system blends cropping techniques in Guatemala	https://news.mongabay.com/2021/12/unique-indigenous-maya-food-system-blends-cropping-techniques-in-guatemala/

Indigenous North American Agriculture cont'd

<i>Title of Web site/page</i>	<i>URL</i>
For Thousands of Years, Indigenous Tribes Have Been Planting for the Future NRDC	https://www.nrdc.org/stories/thousands-years-indigenous-tribes-have-been-planting-future

Ruth Stout

<i>Title of Web site/page</i>	<i>URL</i>
Ruth Stout's System for Gardening: How to use mulch to cut down on weeding and heavy labor in your garden using the Ruth Stout gardening method.	https://www.motherearthnews.com/organic-gardening/ruth-stouts-system-for-gardening-zmaz04fmzsel
Building Fertile Soil: Doreen G. Howard discusses the basis for building fertile soil for the garden, including information on no-till soil and permanent beds, mulch and cover crops.	https://www.motherearthnews.com/organic-gardening/building-fertile-soil-zmaz03jjzgoe
The Ruth Stout No-Work Garden Book: Secrets of the Famous Year-Round Mulch Method	https://www.goodreads.com/book/show/165688.The_Ruth_Stout_No_Work_Garden_Book
Ruth Stout Method of No Work Gardening - Roots Nursery	https://rootsnursery.com/ruth-stout-method/

Dr. George W. Carver

<i>Title of Web site/page</i>	<i>URL</i>
George Washington Carver and the Fungal Plant Disease Survey	https://www.apsnet.org/edcenter/apsnetfeatures/Pages/Carver.aspx
Soil health pioneer George Washington Carver - NM Healthy Soil Working Group	https://www.nmhealthysoil.org/2021/01/28/soil-health-pioneer-george-washington-carver/
Realizing George Washington Carver's Vision for Life and Land - Iowa Learning Farms	https://iowalearningfarms.wordpress.com/2021/02/18/realizing-george-washington-carvers-vision-for-life-and-land/
George Washington Carver's "Nature's Garden for Victory and Peace" Pamphlet 1942 North Carolina Cooperative Extension	https://henderson.ces.ncsu.edu/2020/04/george-washington-carvers-natures-garden-for-victory-and-peace-pamphlet-1942/
Iowa PBS Documentaries George Washington Carver: An Uncommon Life PBS	https://www.pbs.org/video/george-washington-carver-an-uncommon-life-qeru7s/
George Washington Carver Tuskegee University	https://www.tuskegee.edu/support-tu/george-washington-carver
Carver Bulletins Tuskegee University	https://www.tuskegee.edu/support-tu/george-washington-carver/carver-bulletins

Dr. George W. Carver cont'd

<i>Title of Web site/page</i>	<i>URL</i>
The Legacy of Dr. George Washington Carver Tuskegee University	https://www.tuskegee.edu/support-tu/george-washington-carver
George Washington Carver cared about sustainable farming before it was cool - Vox	https://www.vox.com/2015/7/13/8948477/george-washington-carver
Hints and Suggestions to Farmers: George Washington Carver and Rural Conservation in the South	https://www.researchgate.net/publication/249293161_Hints_and_Suggestions_to_Farmers_George_Washington_Carver_and_Rural_Conservation_in_the_South
Specimen List - The William & Lynda Steere Herbarium	https://sweetgum.nybg.org/science/vh/specimen-list/?SummaryData=carver
Celebrating Black History Month: 8 Contributions of Black Farmers to Regenerative Agriculture	https://youngagrarians.org/black-farmers-regenerative-agriculture/
George Washington Carver's contributions to agriculture in the U.S. - 4-H Global & Cultural Education	https://www.canr.msu.edu/news/george-washington-carvers-contributions-to-agriculture-in-the-us
Regenerating the Earth while Regenerating the Lives of People of Color – Center for Regenerative Agriculture and Resilient Systems – Chico State	https://www.csuchico.edu/regenerativeagriculture/blog/blm-reg-ag.shtml
About George Washington Carver - Agraria Center For Regenerative Practice	https://www.agrariacenter.org/about-george-washington-carver
Cup of Carver: George Washington Carver and the Biodynamic Movement By Jim Embry	https://www.biodynamics.com/blog/cup-carver-george-washington-carver-and-biodynamic-movement

Reclaiming Food Diversity

<i>Title of Web site/page</i>	<i>URL</i>
Food and Agriculture Organization (FAO) of the United Nations (UN): Once neglected, these traditional crops are our new rising stars: How overlooked and underutilized crops are getting their turn in the spotlight, 02/10/2018 – Slide 41	https://www.fao.org/fao-stories/article/en/c/1154584/