

# 2024 Tennessee Local Food Summit (TLFS) Recommended Resource List

Irucka Embry, EIT (EcoC<sup>2</sup>S) [<https://www.ecoccs.com>]

## Introduction

My father, Jim Embry (<http://www.sustainlex.org>), had suggested on many occasions for the Tennessee Local Food Summit (TLFS) [<https://www.tnlocalfood.org/>] conference organizers to provide reading materials to conference attendees prior to the food summit so that we (the attendees) can already be informed before we make it to the event.

Natalie Ashker Seevers, our Executive Director, asked me [as a Conference Steering Committee Member] to create a resource document, in that Spirit, for this year's Summit.

This document contains useful quotes & online and print resources to help us become better educated on a wide variety of topics so that we can become more responsible for our Lives, our Nation, and as the Human Race, for Planet Earth.

## Notes

**NOTE:** Please consider using a [Free Software PDF reader](#) to view the PDFs on this page. Thank you.

**NOTE:** This document was created using the rmarkdown package [<https://rmarkdown.rstudio.com/>] version 2.29 in R [<https://www.r-project.org/>] version 4.4.0 on Trisquel GNU/Linux [<https://trisquel.info/>] version 9.0 [GNU/Linux name — <https://www.gnu.org/gnu/why-gnu-linux.html>]. You can find Irucka's contributions to the R Community at <https://gitlab.com/iembry> [GitLab projects] & <https://www.ecoccs.com/rtraining.html> [R Trainings and Resources provided by EcoC<sup>2</sup>S (Irucka Embry, EIT)].

## Quotes

“You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.”

—As quoted in *Beyond Civilization: Humanity's Next Great Adventure* (1999), by Daniel Quinn, p. 137;  
**Source:** Wikiquote: Buckminster Fuller ([https://en.wikiquote.org/wiki/Buckminster\\_Fuller](https://en.wikiquote.org/wiki/Buckminster_Fuller)); **License:**  
Attribution-ShareAlike 3.0 Unported (CC BY-SA 3.0) [<https://creativecommons.org/licenses/by-sa/3.0/>]

“Have your garden as rich as possible. Your plants will then be more apt to overcome the attacks of insects and any other enemy which come upon them.”

—Dr. George W. Carver, *The Forage Crop*, Farmer's Leaflet no. 9 (Tuskegee Institute, September 1902), TIA, 46, 487 [As quoted in United States (US) Department of the Interior (DOI) National Park Service (NPS) George Washington Carver National Monument: George Washington Carver: For His Time and Ours: Special History Study: Natural History Related to George Washington Carver National Monument Diamond, Missouri

#### “Insect Attacks

“These can occur for similar reasons to diseases—either imbalances, deficiencies or both. Phil Callahan, an entomologist working for the USDA, documented many cases where insects are attracted to plants that give off energy in the infrared under stress. He found that insect antennae picked up infrared emissions from plants and homed in on these plants from considerable distances. Pesticides can kill the insects, but they don't address why the insects show up.

“Usually insects attack plants that are low in energy, lack complexity and are easy to eat.”

—*Quantum Agriculture: Biodynamics and Beyond: Growing Plentiful, Vital Food* By Hugh Lovel, Page 138

“From extensive tests by the USDA, it has been observed that plants with excess potassium and phosphorus [Nitrogen Phosphorus Potassium — NPK fertilizer] are more prone to aphid and mite attack, while pest numbers increase more rapidly on overfed plants.” [Irucka's insertion]

—*Homeopathy for Farm and Garden: The Homeopathic Treatment of Plants: Plant and Soil Problems and Their Remedies* By Vaikunthanath Das Kaviraj, Page 178

“Monsanto is the world's largest seed company and many are concerned. Troy Roush says, “They are in the process of owning food, all food.” Paraguayan farmer Jorge Galeano says, “Its objective is to control all of the world's food production.” Renowned Indian physicist and community organizer Vandana Shiva says, “If they control seed, they control food; they know it, it's strategic. It's more powerful than bombs; it's more powerful than guns. This is the best way to control the populations of the world.””

—Troy Roush, Vandana Shiva, and documentary film narrator, Quotes are from *The World According to Monsanto*. The quote previously was found online at <https://www.responsibletechnology.org/the-world-according-to-monsanto/>

“A deeply interesting tribute to his teaching by Lord Geddes may be found in a reprint of speeches in the House of Lords on February 2nd, 1944, on a motion standing in the name of Lord Teviot, asking whether the Royal Commission appointed to investigate the birth rate and trends of population would cover, in its terms of reference, the condition of the soil in relation to the health of man, animal and plant:

“ Lord Portsmouth moved the motion in the absence through illness of Lord Teviot. Lord Glentanar and Lord Hankey supported the motion, as did Lord Geddes. Lord Geddes referred to the controversy regarding the food required and the use of chemical fertilizers. He said it goes back for nearly a century and has been made a very difficult controversy to follow by the dominance for so many years of the German school of biology.

“ ‘The German school — Virchow, Schwann, Liebig — laid the emphasis upon the cell out of which, in their millions, our bodies are created, and they regarded food for the cell as all that was required. Apart from that, and really obliterated and eclipsed by the German school, very likely as a result of the Franco-Prussian War and the prestige the Germans got through that war, there was a French school, of which Professor Béchamp was the leader, working at Montpellier in the ‘fifties of last century. This school had a quite different idea about the structure of the body and the vitality and vigour of the body, and I think it was a great pity that, as a result of the Franco-Prussian War and various things that followed it in the 1870s, a great deal of the work of Professor Béchamp was entirely ignored and overlooked.’ ”

“ Lord Geddes then described the great contribution Professor Béchamp made, a contribution his lordship had been familiar with for over thirty years, to the whole idea of life, namely, that the cell is *not* the fundamental unit of life, but that there is a much smaller, more minute unit of life, which he called, in his later reports to the Academy of Science, the *microzymas*, but which in his earlier reports he always referred to as the ‘little bodies.’

“ Lord Geddes showed how these little living bodies have the power of organising life, and he suggested that as they are not present in artificial chemical manures, the German school — which we have in this country largely followed in biology for many years — overlooked something of great importance; something which may be necessary for our human bodies, if they are to maintain their full vitality by receiving in their food a continuous supply of the little living bodies.

“ Lord Geddes emphasised that there is a real divergence of opinion between two schools which have existed for a long time, one of which has become dom-

inant and out of whose practice and beliefs the whole of the chemical industry has arisen and has been able to show results of the most remarkable kind in boosting production in the plant's growth and those portions of the food that are required as fuels. But he suggested that the composters had got hold of the real source of vitality. The little bodies could be seen in drops of blood under a microscope, and during the course of that week he had examined a great many and had seen most extraordinary differences between people fed in different ways and in different states of health.

“He proposed that the research that was needed was investigation of the question: *Is the supply of these little living bodies in the food essential to the continued vitality of human beings, or is it not?* [Irucka's emphasis]

“He thought there was the possibility — many think the extreme probability — that the presence of these little living bodies in the food is essential to health.

“He went on to describe how these little bodies are found in the most antique remnants of life, and how they can start organisation in a sugar solution that is sterile and dead; and concluded by saying that the problem could best be answered with a combination of research by the Agricultural Research Council, and of observation carefully conducted and carefully checked by way of studies of groups of people fed on different diets.” ”

“We repeat the prophecy of the *Moniteur Scientifique* that time will do justice to Béchamp's work and make it known in its entirety. And with this end in view, we would advise all students to go direct to the writings of this brilliant Frenchman who, even in that epoch of intellectual giants, is an outstanding genius of the nineteenth century!”

—Ethel D. Hume, *Béchamp or Pasteur?: A Lost Chapter in the History of Biology* By Ethel D. Hume [Prefaced by *Pasteur: Plagiarist, Imposter: The Germ Theory Exploded* By R. B. Pearson], ISBN# 978-1-46790-012-6, Pages 258-260

## Online Resources

### Community Self-Determination

<https://www.crcworks.org/>

Crossroads Resource Center: Tools for Community Self-Determination

<https://www.crcworks.org/nashville17.pdf>

Crossroads Resource Center: Metro Nashville Food System Assessment  
by Ken Meter & Megan Phillips Goldenberg

## Some of Irucka Embry's Useful Resources

<https://www.ecoccs.com/food-growers-resources.html>

EcoC<sup>2</sup>S [Irucka Embry): Useful Resources for Food Growers

<https://www.ecoccs.com/Useful-Thoughts-Fermentation-and-Beyond.pdf>

EcoC<sup>2</sup>S [Irucka Embry): Useful Quotes on Fermentation and Beyond

<https://www.ecoccs.com/foodwhy-healthy-plants-case-ash-borer.pdf>

EcoC<sup>2</sup>S [Irucka Embry): Why We Want to Grow Healthy Plants: The Case of the Emerald Ash Borer  
By Irucka Embry

<https://www.ecoccs.com/Decentralizing-the-Food-System-Audience-Handout.pdf>

EcoC<sup>2</sup>S [Irucka Embry): Decentralizing the Food System @ TN Local Food Summit 2022 – Audience Handout  
By Irucka Embry

[https://www.ecoccs.com/Future-Food-Middle-TN-Questions\\_Irucka-Embry.pdf](https://www.ecoccs.com/Future-Food-Middle-TN-Questions_Irucka-Embry.pdf)

EcoC<sup>2</sup>S [Irucka Embry): Questions for the Local Food Movement (Our Future Vision)  
By Irucka Embry

## Biodynamic Agriculture, Agrohomeopathy, Agroecology & Regenerative and Organic Agriculture

<https://www.biodynamics.com/blog/cup-carver-george-washington-carver-and-biodynamic-movement>

Biodynamic Association: Biodynamic Stories: Cup of Carver: George Washington Carver and the Biodynamic Movement  
By Jim Embry

<https://wholehealthag.org/>

Whole Health Agriculture (WHAg): We are a small not-for-profit providing information, education, and support to farmers seeking alternatives to synthetic chemicals, antibiotics, and artificial interventions.

<https://wholehealthag.org/farm-health-hub/>

Whole Health Agriculture (WHAg): The Farm Health Hub provides information about alternative health methods & practices that farmers use, such as farm homeopathy, herbal and other holistic remedies.

<https://learning.wholehealthag.org/>

Whole Health Agriculture's Learning Centre is an online education platform for farmers and smallholders seeking residue-free, eco-friendly solutions to livestock health problems. We provide training, information and support services that help farmers reduce reliance on antibiotics and synthetic inputs that impact the environment and the food chain. Our material is exclusively delivered by vets, farmers, and other experts to provide solutions that work on farm and in practice. We host a range of educational and support services, including our flagship Foundation Course in Progressive Farm Homeopathy.

<https://navdanyainternational.org/>

Navdanya international

<https://organicconsumers.org>

Organic Consumers Association (OCA)

<https://consumidoresorganicos.org/>

Asociación de Consumidores Orgánicos

<https://www.resilience.org/stories/2021-02-10/comparing-organic-agroecological-and-regenerative-farming-part-1-organic/>

Resilience: Comparing Organic, Agroecological and Regenerative Farming part 1 — Organic

By Andrea Beste, originally published by ARC2020, February 10, 2021

<https://www.resilience.org/stories/2021-02-11/comparing-organic-agroecological-and-regenerative-farming-part-2-agroecology/>

Resilience: Comparing Organic, Agroecological and Regenerative Farming part 2 — Agroecology

By Andrea Beste, originally published by ARC2020, February 11, 2021

<https://www.resilience.org/stories/2021-02-12/comparing-organic-agroecological-and-regenerative-farming-part-3-regenerative/>

Resilience: Comparing Organic, Agroecological and Regenerative Farming part 3 — Regenerative

By Andrea Beste, originally published by ARC2020, February 12, 2021

<https://www.acresusa.com/>

Eco-Ag U Online from Acres U.S.A.

<https://learn.acresusa.com/>

Acres USA: North America's oldest publisher on production-scale organic and sustainable farming.

<https://www.acresusa.com/transitioning-to-regenerative/>

Acres USA News: Transitioning to Regenerative, December 15, 2023

<https://southern.sare.org/>

Southern Sustainable Agriculture Research and Education (SSARE)

## **Soil Health**

<https://ofrf.org/soil-health-strategies-for-the-southern-region/>

Organic Farming Research Foundation (OFRF): Soil Health Strategies for the Southern Region

<https://www.bionutrient.org>

Bionutrient Food Association (BFA)

<https://www.bionutrient.org/soilhealthguidance>

Bionutrient Food Association (BFA): Soil Health Guidance

## The Future?

<https://www.globalresearch.ca/power-play-future-food/5872775>

Global Research - Centre for Research on Globalization: *Power Play: The Future of Food*: New Global Research e-Book

By Colin Todhunter, Global Research, November 21, 2024

[https://www3.weforum.org/docs/WEF\\_FB\\_NewVisionAgriculture\\_HappeningTransformation\\_Report\\_2012.pdf](https://www3.weforum.org/docs/WEF_FB_NewVisionAgriculture_HappeningTransformation_Report_2012.pdf)

World Economic Forum (WEF): Putting the New Vision for Agriculture into Action: A Transformation Is Happening: A report by the World Economic Forum's New Vision for Agriculture initiative

Prepared in collaboration with McKinsey & Company

## (High) Technology

<https://www.ecoccs.com/food-growers-resources.html#tech>

EcoC<sup>2</sup>S [Irucka Embry): Useful Resources for Food Growers: High Tech(nology)

<https://www.etcgroup.org/content/driven-extinction>

ETC Group: Driven to Extinction: Bill Gates and Gene Drive Extinction Technology, October 14, 2020

<https://grain.org/en/article/6389-gates-ag-one-one-more-push-to-get-farmers-into-high-tech>

“Gates Ag One”: one more push to get farmers into high tech

by GRAIN, 27 Jan 2020

<https://navdanyainternational.org/wp-content/uploads/2020/10/GATES-AG-ONE.pdf>

Gates Ag-One and the Recolonisation of Agriculture

By Navdanya

<https://www.farm-equipment.com/articles/4269-timeline-of-ag-equipment-firsts>

Farm Equipment: Timeline of Ag Equipment ‘Firsts’

By Frank Lessiter and Mike Lessiter

<https://link.springer.com/article/10.1007/s10460-022-10341-2>

Replacing humans with machines: a historical look at technology politics in California agriculture

By Baur, P. and Iles, A., *Agric Hum Values* 40, 113-140 (2023)

<https://cega.berkeley.edu/wp-content/uploads/2021/03/Mechanizing-Agriculture-Impacts-on-Labor-and-Productivity.pdf>

Mechanizing Agriculture: Impacts on Labor and Productivity

By Julieta Caunedo and Namrata Kala, January 2021

<https://www.thoughtco.com/american-farm-tech-development-4083328>

ThoughtCo: American Farm Machinery and Technology Changes from 1776-1990

By Mary Bellis, Updated on February 06, 2021

<https://www.thoughtco.com/history-of-american-agriculture-farm-machinery-4074385>

ThoughtCo: History of American Agriculture: American Agriculture 1776-1990

By Mary Bellis, Updated on August 27, 2021

<https://epe.lac-bac.gc.ca/100/205/301/ic/cdc/exploring/homestead/farming.htm>

Exploring Saskatchewan History Through the Decades - Missouri Coteau Region: Homesteading

<http://parkscanadahistory.com/series/saah/farmers.pdf>

Environment Canada Canadian Parks Service National Historic Parks and Sites Studies in Archaeology, Architecture and History: FARMERS “MAKING GOOD”: The Development of Abernethy District, Saskatchewan 1880-1920

By Lyle Dick, 1989

<https://www.encyclopedia.com/history/encyclopedias-almanacs-transcripts-and-maps/farmers-protest-movements-1870-1900-issue>

Encyclopedia.com: Farmers' Protest Movements, 1870-1900 (ISSUE)

<https://pressbooks-dev.oler.hawaii.edu/ushistory/chapter/farmers-revolt-in-the-populist-era/>

U.S. History: Politics in the Gilded Age, 1870-1900: Farmers Revolt in the Populist Era

By OpenStaxCollege

## **Economics**

<http://utgift.freehostia.com/job.pl>

National Organization for an American Revolution (NOAR): A Job Ain't the Answer

<https://truthout.org/articles/lessons-from-james-boggs-capitalist-automation-in-the-21st-century/>

Lessons From James Boggs: Capitalist Automation in the 21st Century: The racist antagonisms in the UAW led James Boggs to revolutionary conclusions about the US capitalist system.

By Danny Haiphong, Published May 18, 2014

<https://www.fb.org/market-intel/farm-bankruptcies-down-for-now>

American Farm Bureau Federation: Farm Bankruptcies Down... For Now

By Samantha Ayoub, Aug 07, 2024

<https://time.com/5736789/small-american-farmers-debt-crisis-extinction/>

TIME: 'They're Trying to Wipe Us Off the Map.' Small American Farmers Are Nearing Extinction

By Alana Semuels, November 27, 2019

<https://www.ers.usda.gov/topics/farm-economy/farm-sector-income-finances/assets-debt-and-wealth/>

U.S. Department of Agriculture (USDA): Economic Research Service (ERS): Farm Sector Income & Finances: Assets, Debt, and Wealth, 5 September 2024

<https://www.reuters.com/markets/us/biden-farm-debt-relief-plan-exclude-thousands-minority-farmers-data-shows-2021-12-17/>

Reuters: Insight: Biden farm debt relief plan to exclude thousands of minority farmers

By Leah Douglas and Christopher Walljasper, December 17, 2021

<https://www.forbes.com/sites/elenabotella/2021/06/04/black-and-minority-farmers-will-receive-4-billion-in-debt-relief-for-some-its-a-lifeline-for-others-too-little-too-late/>

Forbes: Black And Minority Farmers Will Receive \$4 Billion In Debt Relief. For Some, It's A Lifeline. For Others, Too Little, Too Late.

By Elena Botella, Updated Jun 29, 2021

<https://www.farmaid.org/blog/fact-sheet/understanding-economic-crisis-family-farms-are-facing/>

Farm Aid: Understanding the Economic Crisis Family Farms are Facing, September 14, 2020

## Politics

<http://utgift.freehostia.com/politics.pl>

National Organization for an American Revolution (NOAR): Beyond Usual Politics

<http://utgift.freehostia.com/election.pl>

National Organization for an American Revolution (NOAR): Election 1980: What Will We Choose?: Rights or Responsibility

## Print Resources

<https://www.bionutrient.org/recommended-reading>

Bionutrient Food Association (BFA)'s Recommended Reading List

<https://www.ecoccs.com/resources-books.html>

EcoC<sup>2</sup>S [Irucka Embry): EcoC<sup>2</sup>S Book Resources

## Seeds

*Tuning to the Soil-ed Seed Vibrations For Our Collective Health*. Edited & Written By Irucka Ajani Embry With Obiora Embry, ISBN# 978-0-9914994-9-6

*The Seeds of Kokopelli*. By Dominique Guillet, Association Kokopelli, 2000

*Saving Seeds, Preserving Taste: Heirloom Seed Savers in Appalachia*. Bill Best, ISBN# 978-0-8214-2049-2

*Kentucky Heirloom Seeds: Growing, Eating, Saving*. Bill Best With Dobree Adams, ISBN# 978-0-8131-6887-6

*Seed Libraries: And Other Means of Keeping Seeds in the Hands of the People.* By Cindy Conner. New Society Publishers, ISBN# 978-0-86571-782-4

*Breed Your Own Vegetable Varieties: The Gardener's and Farmer's Guide to Plant Breeding and Seed Saving,* Second Edition. By Carol Deppe, ISBN# 978-1-890132-72-9

*Seed to Seed: Seed Saving and Growing Techniques for Vegetable Gardeners,* Second Edition. By Suzanne Ashworth, ISBN# 978-1-8824-2458-0

*The Heirloom Life Gardener: The Baker Creek Way of Growing Your Own Food Easily and Naturally.* By Jere Gettle and Emilee Gettle, ISBN# 978-1-40132-439-1

## **Wisdom of Plants**

*Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants.* By Robin Wall Kimmerer, ISBN# 9781571313560

*The Serviceberry: Abundance and Reciprocity in the Natural World.* By Robin Wall Kimmerer, ISBN# 978-1-66807-224-0

*The Secret Life of Plants: A Fascinating Account of the Physical, Emotional and Spiritual Relations Between Plants and Man.* By Peter Tompkins and Christopher Bird, ISBN# 9780060915872

## **Soil**

*Tuning to the Soil-ed Seed Vibrations For Our Collective Health.* Edited & Written By Irucka Ajani Embry With Obiora Embry; A4 Paperback [ISBN-13: 978-0-9914994-9-6], US Letter Hardcover [ISBN-13: 978-0-9914994-3-4] and EPUB [ISBN-13: 978-0-9914994-2-7]

*My Work Is That of Conservation: An Environmental Biography of George Washington Carver.* By Mark D. Hersey, ISBN# 978-0-8203-3870-5

*Secrets of the Soil: New Solutions for Restoring Our Planet.* By Peter Tompkins and Christopher Bird, ISBN# 9781890693244

*Sowing Seeds in the Desert: Natural Farming, Global Restoration, and Ultimate Food Security,* Reprint Edition. By Masanobu Fukuoka. Edited by Larry Korn, ISBN# 978-1-60358-522-4

*The Fertile Earth: Nature's Energies in Agriculture, Soil Fertilisation and Forestry.* By Viktor Schauberger, 2000, ISBN# 978-1-85860-060-4

*The Ruth Stout No-Work Garden Book: Secrets of the Famous Year-Round Mulch Method.* By Ruth Stout and Richard Clemence. Rodale Press, ISBN# 0-87857-000-4

*Teaming with Microbes: The Organic Gardener's Guide to the Soil Food Web,* Revised Edition. By Jeff Lowenfels and Wayne Lewis, ISBN# 1-60469-113-1

*Teaming with Nutrients: The Organic Gardener's Guide to Optimizing Plant Nutrition.* By Jeff Lowenfels, ISBN# 978-1-60469-314-0

*Eco-Farm: An Acres U.S.A. Primer: The definitive guide to managing farm and ranch soil fertility, crops, fertilizers, weeds and insects, and more — while avoiding dangerous chemicals,* Third Revised Edition. By Charles Walters, ISBN# 978-0-911311-74-7

*The Living Soil Handbook: The No-Till Grower's Guide to Ecological Market Gardening.* By Jesse Frost, ISBN# 978-1-64502-026-4

*Soil, Grass and Cancer: Health of Animals and Men is Linked to the Mineral Balance of the Soil.* By André Voisin, ISBN# 0-911311-64-5

*The Dirt Cure: Growing Healthy Kids with Food Straight from Soil.* By Maya Shetreat-Klein, M.D, ISBN# 978-1-47679-697-0

## **Decolonization**

*Farming While Black: Soul Fire Farm's Practical Guide to Liberation on the Land.* By Leah Penniman, ISBN# 9781603587617

*Gbaton Neshnábé: Cook Something Neshnábé: How to Decolonize Your Pantry and Diet.* By Jody Gzhadawsot Mattena, ISBN# 979-83-95-07957-2

*Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present.* By Harriet A. Washington, ISBN# 978-0-7679-1547-2

*The Color of Law: A Forgotten History of How Our Government Segregated America.* By Richard Rothstein, ISBN# 978-1-63149-285-3

## **Sacred Geometry, Psychotronics, Biodynamics, and AgroHomeopathy**

*Gardening with Sacred Geometry:* For bigger and better garden crops. Use Egyptian Sacred Geometry and other metaphysical techniques to double the size of your vegetable, fruit and flower crops. By Michael D. Miller, ISBN# 979-8514631667

*Sacred Geometry Gardens, The Heart of Superfood Gardening: How-To Create Incredible Edible Gardens Infused with the Essence of Life!*. By Cheryl Leigh Gama, ISBN# 978-0-9849633-8-6

*A Lakota Approach to Biodynamics: Taking Life Seriously*. By Devon Strong. Edited by Susan C. Strong and Dawn van Buuren, ISBN# 978-1-58420-973-7

*Barefoot Biodynamics: How Cows, Compost, and Community Help Us Understand Rudolf Steiner's Agriculture Course*. By Jeff Poppen, ISBN# 978-1-64502-248-0

*Quantum Agriculture: Biodynamics and Beyond: Growing Plentiful, Vital Food*. By Hugh Lovel, ISBN# 978-0-692-28026-3

*Psychotronics and a Biodynamic Garden: How to Grow and Harvest Healthier Food through Radionics and Dowsing*. By George Kuepper, ISBN# 978-1-938685-31-6

*A Biodynamic Manual: Practical Instructions for Farmers and Gardeners*. By Pierre Masson. Translated by Monique Blais, ISBN# 978-1-78250-080-3

*The Biodynamic Treatment of Fruit Trees, Berries and Shrubs*. By Ehrenfried E. Pfeiffer, ISBN# 0-938250-11-6

*Biodynamic Gardening: For Health and Taste*. By Hilary Wright, ISBN# 1-84000-622-6

*Homeopathy for Farm and Garden: The Homeopathic Treatment of Plants: Plant and Soil Problems and Their Remedies*, Fifth Edition. By Vaikunthanath Das Kaviraj, ISBN# 978-3-941706-47-7

*Homeopathy for Plants: A practical guide for house, balcony and garden plants*, Sixth Revised Edition. By Christiane Maute®, ISBN# 978-3-95582-213-2

## **Agroecology, Permaculture & Organic and Regenerative Agriculture**

*Farmers of Forty Centuries: Organic Farming in China, Korea, and Japan*. By Franklin Hiram King, ISBN# 978-0486436098

*Agroecology and Regenerative Agriculture: Sustainable Solutions for Hunger, Poverty, and Climate Change*. By Vandana Shiva, ISBN# 978-0-907791-93-5

*The Farmer's Guide To Growing Organic Lettuce*. By Ray Tyler [<https://www.smallfarmsbigchange.com/the-book>]

*Weeds: Control Without Poisons*. By Charles Walters [<https://bookstore.acresusa.com/products/weeds-control-without-poisons>]

*Restoration Agriculture: Real-World Permaculture for Farmers.* By Mark Shepard, ISBN# 978-1601730350

## **Economics**

*The Profitable Hobby Farm: How to Build a Sustainable Local Foods Business.* By Sarah Beth Aubrey, ISBN# 978-0470432099

*Banking on the People: Democratizing Money in the Digital Age.* By Ellen Brown, ISBN# 978-0998471921

*Local Money: How to Make It Happen in Your Community.* By Peter North, ISBN# 978-1900322522

## **Genetic Engineering (GE)**

*The World According to Monsanto: Pollution, Corruption, and the Control of the World's Food Supply.* By Marie-Monique Robin, ISBN# 978-1595584267

*Seeds of Destruction: The Hidden Agenda of Genetic Manipulation.* By F. William Engdahl, ISBN# 978-0973714722

*Biopiracy: The Plunder of Nature and Knowledge.* By Vandana Shiva, ISBN# 978-0896085558

*Stolen Harvest: The Hijacking of the Global Food Supply.* By Vandana Shiva, ISBN# 978-0896086074

## **Resilience**

*Love for the Land: Lessons from Farmers Who Persist in Place.* By Brooks Lamb, ISBN# 978-0-300-28010-4

## **Community**

*Building Community Food Webs.* By Ken Meter, Island Press

## **Life**

*The Blood and its Third Anatomical Element.* By Antoine Béchamp. Translated by Montague R. Levenson, 1912

*Béchamp or Pasteur?: A Lost Chapter in the History of Biology.* By Ethel D. Hume [prefaced by *Pasteur: Plagiarist, Imposter: The Germ Theory Exploded* By R. B. Pearson], ISBN# 978-1467900126

## **Redesign**

*Cradle to Cradle: Remaking the Way We Make Things.* By William McDonough, Michael Braungart, ISBN# 978-0865475878

## **Abundance**

*Creating a World That Works for All.* By Sharif M. Abdullah, ISBN# 978-1576750629